

# PARENTS, KIDS AND DRUGS: Fiction vs. Fact\*

- **My child is too young to do drugs.** *The fact is 49% of teens admit to having smoked marijuana at age 13 or younger.*
- **I have spoken with my child about the dangers of drugs.** *The fact is nearly half of middle and high school students say their parents have never discussed the dangers of drugs with them.*
- **Drug use is not a problem in my community.** *The fact is teens continue to rank drugs as the single most important problem facing people their age.*
- **My child does not hang out with anyone who does drugs.** *The fact is two out of five middle school students know a friend or classmate who has used drugs.*

\*National Household Survey on Drug Abuse, 1999

Dear Parent:

We all know that raising children today is the most important and most rewarding job we could ever have. As a parent, it is equally difficult to stay informed, especially on matters such as drugs, in order to provide guidance to our children to assist them in making the right decisions.

Drugs such as methylenedioxymethamphetamine (MDMA or Ecstasy), ketamine, rohypnol, gammahydroxybutyrate (GHB), gammabutyrolactone (GBL) and lysergic acid diethylamide (LSD) have become known as "Club Drugs". These so-called club drugs are posing a growing threat to our children. As parents we must be aware of these drugs, the paraphernalia associated with their use and the symptoms.

Talking to our children about subjects like drugs is sometimes not easy; but, it is extremely important to do so. Parents have an incredible influence on their children, especially when they are young. Therefore, it is best to discuss the dangers of drug use with children when they are young. However, it is never too late.

I hope this "Parents' Guide to Club Drugs" provides you with some useful information to help you with discussing this important matter with your children.

If you need additional information, please contact your local police department's D.A.R.E. Officer or the Somerset County Prosecutor's Office at 908-575-3300 or visit our web site at [www.scpo.net](http://www.scpo.net).

Sincerely,  
*Wayne J. Forrest*  
Prosecutor

## Somerset County Prosecutor's Office

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TIPS HOTLINE 1-888-577-TIPS (5477)

## A Parent's Guide to Club Drugs



Somerset County  
Prosecutor's Office  
Wayne J. Forrest  
*Prosecutor*

A PARENT'S GUIDE TO CLUB DRUGS

# CLUB DRUGS

## MDMA

(Ecstasy, Methylenedioxymethamphetamine):

**Street Names:** Ecstasy, X, Bean, E, Eve, Adam, XTC, M, Roll, Hug Drug, Lover's Speed, etc.

**Appearance:** "Scored" or "pressed" pill can vary in size and color. May have a design stamped in the face.

**Cost:** Approximately \$25.00 a pill, \$200.00 to \$250.00 for blister pack of 10

### Effects:

- It varies as to how long it will remain in the body (usually 4-6 hours)
- Increased body temperature; can lead to dehydration or heatstroke
- Can cause jaw clenching and teeth grinding
- Body aches and pains
- Hyperactivity, accelerated pulse and respiration
- Potential brain damage critical to thought and memory

••• Recent deaths across the country have been attributed to Paramethoxyamphetamine (PMA) which is a recreational drug often sold as Ecstasy. It is weaker than Ecstasy and users often double the dose to achieve the desired effects. The deaths were caused by severely elevated body temperatures.

## KETAMINE

(Veterinary anesthetic)

**Street Names:** K, Special K, Vitamin K, Kit Kat, etc.

**Appearance:** Crystalline white powder, capsules or clear liquid

**Cost:** Approximately \$25.00 a capsule or small amount of powder or \$150.00 to \$300.00 for a vial of liquid

### Effects:

- Increased pulse rate and delirium
- Inability to move muscles or loss of coordination
- Insensitivity to pain, numbness - can lead to serious injury
- Experience intense hallucinations
- Cardiovascular failure
- Can cause coma or death

## Rohypnol

**Street Names:** Roofies, Roachies, Forget-Me-Pill, etc.

**Appearance:** Tablet, Capsule or powder form

**Cost:** Approximately \$5.00 per pill

### Effects:

- Decreased blood pressure
- Drowsiness and dizziness
- Confusion and amnesia
- Has been used to assist with sexual assaults (Date-Rape drugs)

## GHB/GBL

(Gammahydroxybutyrate (GHB)/Gammabutyrolactone (GBL))

**Street Names:** G, Grievous Bodily Harm, Liquid Ecstasy, etc.

**Appearance:** Clear or slightly colored, odorless liquid in plastic bottle (thicker than water), tablet or capsule.

**Cost:** Approximately \$5.00 to \$10.00 a dose

### Effects:

- Unconsciousness or memory loss
- Suppression of respiratory system
- Vomiting
- Liver and kidney failure
- Has been used to assist with sexual assaults (Date-Rape drugs)
- Decreased heart and respiratory rate
- Can cause coma or death

## LSD

(Lysergic Acid Diethylamide)

**Street Names:** Acid, Boomers, Yellow Sunshine, etc.

**Appearance:** Tablet, Capsule, liquid or on paper or sugar cubes saturated with the drug.

**Cost:** Approximately \$10.00-15.00 per tablet or capsule or \$600.00 for a vial of liquid

### Effects:

- Dilated pupils
- Higher body temperature
- Increased heart rate and blood pressure
- Sweating and tremors
- Numbness and weakness